

## SPEAKERS

### **Andrea Godfrey Zavitz, LPC, LMHC, NCC**

Andrea Godfrey Zavitz began counseling in 2009. Andrea is a licensed professional counselor in Alabama, a licensed mental health counselor in Florida, and a national certified counselor. She has two master's degrees – one in professional counseling and another in business administration. She was an inpatient counselor for Southeast Health and helped create and design their outpatient mental health program. Andrea is also the employee assistance program contract manager and provider for Southeast Health and the Alabama College of Osteopathic Medicine. She is a disaster mental health volunteer with the American Red Cross. Andrea privately practices at Wiregrass Behavioral Group and offers therapy for ages 2 and up.

### **Myndi Swain, RN, ADN**

Myndi Swain is the clinical manager for Kindred Hospice. She obtained her associate degree in nursing from Wallace Community College and is a registered nurse. She worked as an LPN in the hospice field for two years before completing her education as a RN. She has worked in many areas of hospice from middle management to case management and is well versed in Medicare hospice conditions of participation. She excels in troubleshooting problems areas of staff performance.

### **Clayton Davis, J.D., Attorney at Law.**

Mr. Clayton Davis of Davis and Associates provides legal assistance to persons over age 60 in 38 counties and health insurance counseling to persons of all ages who have Medicare in 23 counties in Alabama. A graduate of the University of Alabama School of Law, Mr. Davis has been actively involved in senior care legal issues since 1979. Mr. Davis is a principal author of the Alabama Long-Term Care Ombudsman Act of 1985 and has presented to thousands of professionals actively working to improve the quality of life for seniors.

### **David Duke**

Prior to working in social services, David Duke worked many years with the Phillip's Van Heusen Corporation in several roles to include manufacturing training coordinator, off-shore production control coordinator and the manufacturing liaison while living and working in New Jersey and New York during corporate restructuring for the company. In 1996, David began his career in the social services arena by working 11 years with the Alfred Saliba Family Services Center in Dothan. David was responsible for the administration and management of the Community Career Development Center as well as community affairs and public relations for the center. In January 2008, David began his position as executive director for Wiregrass 2-1-1 in their mission to collaborate, inform and connect the Wiregrass to build a stronger community.

### **Dr. Ryan Pflugner, M.D.**

Dr. Pflugner is a board-certified orthopedic surgeon who specializes in joint reconstruction, sports medicine and general orthopedics. Dr. Pflugner attended the University of Alabama Medical School in Birmingham. Following medical school, he completed an orthopedic surgery residency at the University of Alabama at Birmingham Medical Center. He completed a sports medicine fellowship at Taos Orthopedic Institute in Taos, New Mexico. In his time away from work, Dr. Pflugner enjoys spending time with his wife and two children. Dr. Pflugner enjoys fly fishing, bow hunting and traveling.

## SCHEDULE OF EVENTS

- 7:30-8:00 **Registration and Welcome**  
Coping with Aging and SARCOA staff
- 8:00-9:00 **Andrea Godfrey Zavitz, LPC, LMHC, NCC**  
"Mental Health and the Elderly"
- 9:00-10:00 **Myndi Swain, RN, ADN**  
"Caregiver Burnout"
- 10:00-10:15 **Morning Networking Break**
- 10:15 -11:45 **Clayton Davis, J.D., Attorney at Law**  
"Navigating Legal Issues and Aging: Medicare, Medicaid and Estate Recovery: Part 1"
- 11:45-1:00 **Lunch – Provided**  
Networking Break
- 1:00-2:00 **Clayton Davis, J.D., Attorney at Law**  
"Navigating Legal Issues and Aging: Medicare, Medicaid and Estate Recovery: Part 2"
- 2:00-2:15 **Afternoon Networking Break**
- 2:15-2:45 **David Duke**  
"211 Orientation"
- 2:45-4:00 **Dr. Ryan Pflugner, M.D.**  
"Modern Treatments for an Old Age Problem"
- 4:00-4:15 **Presentation of CEU's/ Certificates**  
Return Evaluations and Pre-test/Post-test



1075 S. Brannon Stand Road,  
Dothan, AL 36305  
334-793-6843 | 1-800-239-3507  
fax 334-678-7564

Friday August 23, 2019  
7:30am – 4:15pm

**COPING WITH AGING 2019 – REGISTRATION**

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

SSN or License Number: \_\_\_\_\_  
**(Only for those requesting Contact Hours)**

Work/Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

**Check One** Please register and remit payment prior to August 16, 2019.

**\*\*\*6.25 Contact Hours: Nursing, Social Work, General\*\*\*  
\*\*\*6 hours: Nursing Home Administrator\*\*\***

- General Attendance / Non-Contact Hours \$10.00
- Nursing Continuing Education (2-0.2228) \$45.00
- Social Work (Provider # 0251) \$45.00
- Nursing Home Administrator \$45.00
- Certificate of Attendance/ General Contact Hours \$45.00

Registrations will be accepted on a first come/first serve basis. Seating is limited. Pre-registration is preferred, but registrations at the door will be accepted if space is available. Reservations via fax or telephone will be accepted and will be finalized upon receipt of payment. **No partial contact hours will be awarded.** You **must** attend full event to earn contact hours.

**Casual attire • Sweaters suggested • Breaks and Lunch will be provided**

Please make checks payable to **SARCOA- Coping with Aging**, and mail along with this form to the address above or pay online via PayPal at [www.sarcoa.org](http://www.sarcoa.org). This continuing nursing education activity was approved by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**SARCOA presents:**

# Coping with Aging 2019



## ***Navigating the Aging Process***

**Friday, August 23, 2019  
7:30 am until 4:15 pm**

*Event Location:*

**Wiregrass Rehabilitation Center**

795 Ross Clark Circle NE  
Dothan, AL 36301