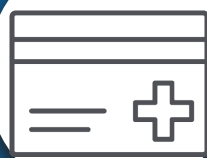


Local Government Health Insurance Board



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Benefits for Active Employees and Non-Medicare Retirees
BCBS Group 30000



Blue Cross and Blue Shield of Alabama

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Active employees and non-Medicare retirees enrolled in the Local Government Health Insurance Plan (LGHIP) have their health and dental coverage with Blue Cross and Blue Shield of Alabama.

bcbsal.org
1-800-321-4391



OptumRx

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Active employees and non-Medicare retirees enrolled in the LGHIP have OptumRx as their pharmacy benefit manager. Members may visit OptumRx.com to submit for drug reimbursement, view drug claims, price drugs, view prescriptions and more.

optumrx.com
1-844-785-1603
Optum Specialty: 1-855-427-4682
specialty.optumrx.com



Teladoc

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Active members and non-Medicare retirees enrolled in the LGHIP have access to Teladoc. This service brings general medical care by phone or video 24/7 for free. Contact Teladoc for non-emergency medical care at your convenience.

Teladoc.com/Alabama
1-855-477-4549



Health Management Programs

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The LGHIP offers health management programs to eligible active employees and non-Medicare retirees:

1. **Virta Health:** A free program that may reverse type 2 diabetes in patients. virtahealth.com/lghip
2. **WondrHealth:** A free educational program that focuses on lifestyle and nutritional changes. wondrhealth.com/lghip

About Us

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The Local Government Health Insurance Plan (LGHIP) was formed in 1993 to provide local government entities throughout Alabama exceptional and affordable healthcare benefits. The LGHIP is administered by the Local Government Health Insurance Board, which is comprised of nine voluntary members.

Affiliated Websites

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LGHIB: www.lghip.org
BCBS: www.bcbsal.org
OptumRx: www.optumrx.com
Teladoc: www.teladoc.com/Alabama
Virta Health: www.virtahealth.com/lghip
WondrHealth: www.wondrhealth.com/lghip



201 S. Union Street, Suite 200
Montgomery, AL 36092



Call the LGHIB directly
(334) 263-8326




LGHIBAnnouncements@lghip.org
www.lghip.org

Local Government Health Insurance Board




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Benefits for Medicare Retirees
UnitedHealthcare Group Number 15504



UnitedHealthcare

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Medicare retirees enrolled in the LGHIP have their Medicare health insurance coverage through UnitedHealthcare. Dental coverage, if offered through their former employer, is with Blue Cross and Blue Shield of Alabama.



Post Discharge Meals

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UnitedHealthcare members may have coverage for up to 28 home-delivered meals immediately following one inpatient hospitalization or skilled nursing facility stay when referred by a UnitedHealthcare Advocate, or when the member contacts UnitedHealthcare's customer service at 1-866-950-6558. Restrictions do apply.



HouseCalls

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UnitedHealthcare members may discuss health concerns and coordinate care with their provider all in the comfort of their home.

HouseCalls:
1-866-799-5895



Health Management Programs

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UnitedHealthcare offers multiple programs for health management.

1. **Real Appeal**- an online weight loss program.
2. **Rally Wellness Coaching**- a comprehensive solution to address your physical, mental, social and emotional needs.
3. **Renew Active**- includes gym membership to thousands of locations, exercise classes and an on-demand video library.

Coverage with UnitedHealthcare

Group Medicare Advantage (PPO) Plan
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Medicare coverage through the LGHIP is available for Medicare retirees whose former employer is a participating unit in the LGHIP and offers Medicare coverage through the LGHIP.



 Call UnitedHealthcare toll-free
1-866-950-6558

 www.UHCRetiree.com/LGHIP