# 2024 IN HOME SERVICE DEFINITIONS AND EXAMPLES

All services shall be documented in the following categories:

## **REGISTERED SERVICES**

Unduplicated clients no matter how many times they receive a service for the month are only counted one time for each service. Example: Sallie Sue receives 10 units of Homemaker this month. In the client # she is only counted one time as a client.

<u>Personal Care</u> (1 Hour = 1 Unit) Providing personal assistance, stand-by assistance, supervision and cues for persons who have the inability to perform one or more of the following activities of daily living: eating, dressing, bathing, toileting, transferring in and out of bed/chair, and walking.

## **Examples:**

Bathing	Comb / Shampoo Hair
Eating / Feeding (But do not Tube feed)	Oral Hygiene
Dressing	Skin Care
Toileting / Changing diaper or bed pads	Nail Care (Filing and Cleaning, but do not Clip)
Transferring in and out of bed or chair	Shaving
Walking assistance	Changing Bed Linen (in association w/bed bath)

<u>Homemaker</u> (1 Hour = 1 Unit) Providing assistance to persons who have the inability to perform one or more of the following instrumental activities of daily living (ADLs): preparing meals, shopping for personal items, managing money, using the telephone, and doing light housework.

## **Examples:**

Preparing meals / Cooking	Vacuuming / Sweeping / Mopping floors
Shopping / Errand running	Reading Mail / Bills
Managing money / Paying Bills	Taking out the trash
Check Cashing / Balancing Checkbook	Dusting / Cleaning glass
Assisting client in making telephone calls	Picking up client's medicine
Making the bed / Changing bed linens	Performing minor mending
Washing / Hanging out / Drying /Ironing Clothes	Cleaning the bathroom
Washing / Drying / Putting away dishes	Cleaning kitchen counter and stove top

<u>Chore</u> (1 Hour = 1 Unit) – Providing assistance to persons who have difficulty with one or more of the following instrumental activities of daily living: heavy housework, yard work, and light maintenance.

#### **Examples:**

Defrost Freezer	Cleaning Carpets / Rugs
Clean and Sanitize Refrigerator	Washing Walls / Baseboards
Clean Stove Top Burners / Replace Tin Foil	Cutting Grass
Clean Oven	Trimming Hedges
Waxing Floors	Edging Sidewalks, Driveway and Curbs
Washing Windows	Trimming Limbs

#### AGGREGATE SERVICES

A client is counted each time they receive a service regardless of the number of times the service is received in a month.

Example: Sallie Sue participates in Information and Assistance 4 times in the month. In the client # she is counted each time. The # entered would be 4 for the month.

<u>Information and Assistance</u> (1 Contact = 1 Unit) Clients and Units will always match. – A service for older individuals that:

- a. Provides current information on opportunities and services available within the community, including information relating to assistive technology.
- b. Links participants to opportunities and services that are available. Contact may be provided via internet, in person, or over the phone. Any I/A contact other than basic information or referral number should be referred to the ADRC/SARCOA. Referral to ADRC are counted as a unit of I/A.
- c. To the maximum extent practicable, ensures that participants are aware of available opportunities and receive needed services by establishing adequate follow-up procedures. Service units for information and assistance refer to individual, one-on-one contacts between an information and assistance provider and client or caregiver. An activity that involves a contact with several current or potential clients or caregivers are considered group services and are not counted as a unit of information and assistance. Group sessions are included in "Public Education."

**Examples:** Each example requires that *contact* be made with the client in order to log the unit.

Info provided / Application taken for LIHEAP,	Info provided and paperwork filled out for
Project Share or any other energy assistance.	participation in the Farmers Market program.
SNAP applications and re-certifications.	Client's doctor is called and appointment is set.
Medicaid forms filled out for QMB, SLIMB, etc.	Medicaid contacted for client for Travel
	Voucher.

Paperwork completed for client for Brown Bag.

Paperwork completed for Equipment Loan.

Contact made to client to follow-up on whether client received a previously applied for service or benefit.

Arrangements made for client to receive meals.

Equipment supplier contacted for client.

Assist in completing paperwork and applications for the SenioRx Program.

<u>Outreach</u> (1 Contact = 1 Unit) – Clients and Units will always match. Interventions initiated by an agency or organization for the purpose of identifying potential clients or their caregivers and encouraging their use of existing services and benefits. Service units for outreach refer to individual, one-on-one contacts between a service provider and client or caregiver. An activity that involves a contact with several current or potential clients or caregivers is considered group services and is not counted as a unit of outreach. Group sessions are included in "**Public Education**."

### **Examples:**

Worker calls a person referred to the In-Home Service program to give information about the program and its benefits and determines whether the person is interested in being admitted to the program.

A caregiver calls to inquire about the In-Home Service program for her family member. Program information is given and a meeting for admission to the program is set up to be held at family member's home.

Contacting an individual in person to provide comfort or help. Whether one or more clients are visited, the session counts as one visit (except in congregate living facilities in which each residential unit visited is counted as a separate visit).

An In-Home Service worker goes to the home of a potential client who was referred to the program and who does not have a telephone. Information about the program is given so that the client may determine if he/she is interested in being admitted.

<u>Public Education</u> (1 Contact = 1 Unit) – Clients and Units will always match. Providing opportunities for <u>Individuals</u> to acquire non-nutrition related knowledge, experience, or skills. This service may include workshops designed to increase awareness on various topics, such as crime or accident prevention, continuing education, or legal issues. They may be designed to teach participants a specific skill in a craft, job, or occupation if the participant does not expect to receive wages or other stipends.