

Caregiver Resources and Links

SARCOA Area Agency on Aging –We are the Wiregrass area’s Area Agency on Aging, serving southeast Alabama by providing or linking seniors and the disabled to services, programs, and benefits.

Call (334)793-6843 or visit us at our website, www.sarcoa.org.

- **Alabama Cares Program** - Alabama CARES provides support services to help families sustain their loved one. The program provides: *Information, Assistance, Respite, Education and Supplemental Services* to assist caregivers. Contact SARCOA’s ADRC to be screened for eligibility.
- **Active Daily Living through SARCOA** – <https://sarcoa.dailylivingadvice.com/> Helping Seniors and Family Caregivers with free, personalized advice to enhance health, independence, and aging-in-place.
- **Senior Resource Directory** - <https://sarcoa.org/senior-resource-directory/>
- **Find up-to-date SARCOA information on Social Media pages for Facebook and Twitter** –



Visit: **SARCOA Area Agency on Aging**

Visit: **Alabama Cares – Caregiver Assistance**

Alabama Medicaid - www.medicaid.alabama.gov Here you will find benefits updates, reimbursement changes, preferred drug list, information about various programs, and enrollment forms.

Alabama Disabilities Advocacy Program - <https://adap.ua.edu/> ADAP is part of the nationwide federally mandated protection and advocacy (P&A) system. ADAP’s mission is to provide quality, legally based advocacy services to Alabamians with disabilities to protect, promote, and expand their rights.

Alabama Quality Assurance Foundation - <https://www.uab.edu/livehealthsmartal/partners/partner-spotlights/alabama-quality-assurance-foundation> Responsible for helping the consumer or family member when they have a problem with a Medicare provider. If a caller feels they or a loved one is prematurely released from a hospital, or services are ending from a nursing facility, hospice, home health care agency, or comprehensive outpatient rehabilitation facility, they can contact AQAF at 1.800.366.1486, 24 hours a day, 365 days a year. Leave your name, Medicare number, and call back information in your message.

Alabama Family Trust - www.alabamafamilytrust.com A trust servicing children and adults with disabilities. Provide a unique public service created by state law to provide special needs trusts for disabled persons of all ages as safe havens for financial resources to help assure important benefits from SSI and Medicaid and as protection from fraud or exploitation.

Alabama Department of Mental Health (Recovery Organization of Support Specialists)
<https://mh.alabama.gov/> ADMH and Recovery Organization of Support Specialists (ROSS) 1-844-307-1760 providing services to individuals in our state who struggle with addiction and need support and to families and friends in need of more information.

Accessible Alabama Housing - <https://www.accessiblealabama.org> Educates the general public and community leaders so they can be proactive about accessible housing needs. Connect the needs of people with disabilities, housing development stakeholders, and principles of Universal Design.

Community Action – www.caaalabama.org A list of Community Action Agencies available to provide assistance.

Alabama Department of Human Resources (Kinship Care Program) – www.dhr.state.al.us Look for the County listings to seek assistance with child support, foster care, family assistance, and family services. Food assistance for those under age 60. Kinship care provides support services to caregivers of children under age 18, other than the parent, who is related by blood, marriage, or adoption. The child must be living with

Caregiver Resources and Links

the caregiver. Family income must be less than or equal to 200% of the federal poverty level. Support services are designed to deal with a specific crisis. Not intended to meet recurrent or ongoing needs. Will not extend beyond 4 (four) months. Specified dollar limits are set per child, per year, per service. All referrals may be made only from the Public Assistance & Child Welfare staff at the local Department of Human Resources. Caregivers must apply in the county where they and the child reside.

Alabama Medicaid Waiver – www.medicaid.alabama.gov Nursing facility level of care with no age requirement. Provides case management, home maker, personal care, ADH, respite (skilled & unskilled), companion and home delivered meals. Anyone who is denied Medicaid eligibility for any reason has a right to appeal. Contact SARCOA (334)793-6843 to be screened and for more information.

Hilarity for Charity Dementia Home Care Grant –

<https://www.helpforalzheimersfamilies.com/uncategorized/apply-dementia-home-care-grant> Eligible for the Recharge Relief Grant or the Extended Relief Respite Grant, the caregiver(s) or loved one living with Alzheimer's & dementia must fit within the following: currently living at home with Alzheimer's disease or related dementia; Caregiver(s) is facing financial and emotional hardships due to the unique challenges of Alzheimer's or related Dementia; Resides in the United States or Canada.

Medicare Hospice & Home Health Benefits – Hospice is a program of care and support for people who are terminally ill and their families. Services typically include physical care, counseling, drugs, equipment, & supplies for the terminal illness and related conditions. Care is generally provided in the home. Family caregivers can get support.

Hospice agencies also offer Palliative Care options. Palliative care can address your physical, intellectual, emotional, social, and spiritual needs, and supports your independence and access to information.

To find a hospice/palliative care provider, talk to your doctor, or call your state hospice organization.

- Reach the Alabama state hospice organization at (205) 201-2006.

Home health care is usually less expensive, more convenient, and can be just as effective as care you get in a hospital or skilled nursing facility. In general, the goal of home health care is to provide treatment for an illness or injury. Where possible, home health care helps you get better, regain your independence, and become as self-sufficient as possible. Medicare pays for you to get healthcare services in your home if you meet certain eligibility criteria and if the services are considered reasonable and necessary for the treatment of your illness or injury.

VA Caregiver Support – www.caregiver.va.gov Provides support services to caregivers of veterans. Assist with services and benefits. Connect caregivers with local support through a coordinator at a VA Medical Center nearby.