

**Older Americans Act (OAA)
FY25 III-C Nutrition Services Definitions**

Eligibility: Meals must be served to individuals

- Age 60 and over
- Spouses of any age of an eligible participant
- Person with Disability residing with eligible participant
- Volunteer assisting at mealtime

Verification: An enrollment form and nutrition assessment must be completed annually. A volunteer must have a completed enrollment form. Eligible individuals may be authorized to receive C1 and/or C2 meals for recording activities of service.

Target Population under OAA for services and programs: Age 60+ with greatest social and economic need, low-income older adults, minority older individuals, those residing in rural areas, older people with limited English proficiency, and older people at greatest risk for institutional care (i.e., has at least two ADL impairments).

Service Category	Fund Source	Unit	Definition	Notes
Congregate Meals (may include grab and go meals)	Title III-C1 State Local Program Income Other	1 Meal = 1 Unit Registered Participant Aggregate for approved events	Congregate meals are meals meeting the Dietary Guidelines for Americans and Dietary Reference Intakes ... provided under Title III, part C-1 by a qualified nutrition service provider to eligible individuals and consumed while congregating virtually or in-person, except where: (i) If included as part of an approved State plan ... or State plan amendment ... and area plan or plan amendment ...and to complement the congregating meals program, shelf-stable, pick-up, carry-out, drive-through, or similar meals may be provided under Title III, part C-1; (ii) Meals provided .. shall: (A) Not exceed 25 percent of the funds expended by the State agency under Title III, part C-1, to be calculated based on the amount of Title III, part C- 1 funds available	Any meal counted as a unit (activity) of service must be provided under ADSS contract or must be approved by ADSS Registered Dietitian Nutritionist. Only congregating meals served under situations of picnics or shelf stables may be entered into AIMS as “aggregate” when approved by ADSS.

			<p>after all ...are completed; (B) Not exceed 25 percent of the funds expended by any area agency on aging under Title III, part C-1, to be calculated based on the amount of Title III, part C-1 funds available after all transfers ...are completed.</p> <p>(iii) Meals ...may be provided to complement the congregate meal program: (A) During disaster or emergency situations affecting the provision of nutrition services; (B) To older individuals who have an occasional need for such meal; and/or (C) To older individuals who have a regular need for such meal, based on an individualized assessment, when targeting services to those in greatest economic need and greatest social need.</p> <p>§1321.87(a)(1)</p>	
<p>Home-Delivered Meals</p>	<p>Title III-C2 State Local Program Income Other</p>	<p>1 Meal = 1 Unit</p> <p>Registered Participant</p>	<p>Home-delivered meals are meals meeting the Dietary Guidelines for Americans and Dietary Reference Intakes ... provided under Title III, part C-2 by a qualified nutrition service provider to eligible individuals and consumed at their residence or otherwise outside of a congregate setting, as organized by a service provider under the Act. Meals may be provided via home delivery,</p>	<p>Any meal counted as a unit (activity) of service must be provided under ADSS contract or must be approved by ADSS Registered Dietitian Nutritionist.</p> <p>Must complete the ADL/IADL section of the enrollment form for federal OAAPS reporting. Must have at least one ADL or one IADL Impairment. Individuals who are isolated and do not have access to public/private transportation can receive home-delivered</p>

			pick-up, carry-out, drive-through, or similar meals. § 1321.87 (2)	meals.
Transportation Subservice (Home-Delivered Meals)	Title III-C2 State Local Program Income Other	1 Delivery = 1 Unit Registered Participant	This unit of transportation may apply to meals of any type delivered to the participant’s residence from the senior center or other drop-off point. If the AAA pays to deliver a frozen meal pack, it is one unit of transportation per delivery and per person, but not per meal.	Does not include meal deliveries by TRIO to the participant’s residence. The cost of TRIO’s meal delivery is part of the meal cost. Does not include family pick-up and delivery. *Title III-B funds cannot be used to transport meals.
Nutrition Education	Title III-C1 Title III-C2 State Local Program Income Other	1 Session = 1 Unit Capture 1 unit per session Capture estimated audience size. Non-Registered Service (Aggregate)	An intervention targeting OAA participants and caregivers that uses information dissemination, instruction, or training with the intent to support food, nutrition, and physical activity choices and behaviors (related to nutritional status) in order to maintain or improve health and address nutrition-related conditions. Content is consistent with the Dietary Guidelines for Americans; accurate, culturally sensitive, regionally appropriate, and considers personal preferences; and overseen by a registered dietitian or individual of comparable expertise as defined in the OAA. (§1321.87(a)(3). (SPR/OAAPS 2021)	All materials must be approved by ADSS Registered Dietitian Nutritionists prior to use. May be delivered in-person or via video, audio, online, or the distribution of hardcopy materials. Examples: 1 presentation = 1 session • Even if offered more than 1 time, by more than 1 presenter, and/or in multiple formats. 1 social media message = 1 session • Includes text messages 1 newsletter = 1 session • Even if containing more than 1 article 1 set of hardcopy materials = 1 session • Each set covering a different topic/message = separate session The same message communicated more than one way (e.g., menu notes + social media) = 1 session Title III-D funds cannot be used for Nutrition Education.

Sources:

1. <https://www.oaaps-pilot.acl.gov/api/upload/download?title=III&downloadType=AppendixA>
2. [Nutrition Services | ACL Administration for Community Living](#)

**Older Americans Act (OAA)
FY25 III-B Supportive Services Definitions**

Eligibility: Must be age 60 or older. Local funds must be used for services provided to those under 60.

Target Population under OAA for services and programs: Age 60+ with greatest social and economic need, low-income, those residing in rural areas, limited English proficiency, and at greatest risk for institutional care (i.e., has at least two ADL impairments).

Service Category	Fund Source	Unit	Definition	Notes
Information and Assistance (I&A)	Title III-B State Local Program Income Other	1 Contact = 1 Unit Aggregate	A service that: provides the individuals with current information on opportunities and services available to the individuals within their communities, including information relating to assistive technology; assesses the problems and capacities of the individuals; links the individuals to the opportunities and services that are available; to the maximum extent practicable, ensures that the individuals receive the services needed by the individuals, and are aware of the opportunities available to the individuals, by establishing adequate follow-up procedures; and serves the entire community of older individuals, particularly with greatest social and economic need and at risk of institutional placement.	I&A can be provided to individuals under age 60. Anyone that receives I&A at the senior center should be referred to the ADRC. Referrals to the ADRC are counted as a unit of I&A. *Phoning an individual to provide comfort or help (previously captured as Telephone Reassurance)
Outreach	Title III-B State Local Program Income Other	1 Contact = 1 Unit Aggregate	Intervention with individuals initiated by an agency or organization for the purpose of identifying potential participants or their caregivers and encouraging their use of existing services and benefits.	*Going to see a participant to provide comfort or help (previously captured as friendly visiting) *Outreach is not an appropriate category to collect large group numbers from media events. Report under Marketing

<p>Public Education</p>	<p>Title III-B State Local Program Income Other</p>	<p>1 Contact = 1 Unit Aggregate</p>	<p>Providing opportunities for individuals to acquire non-nutrition related knowledge, experience, or skills. This service may include workshops designed to increase awareness on various topics, such as crime or accident prevention, continuing education, or legal issues. Workshops may be designed to teach participants a specific skill in a craft, job, or occupation if the participant does not expect to receive wages or other stipends.</p>	
<p>Marketing</p>	<p>Title III B State Local Program Income Other</p>	<p>1 Activity = 1 Unit Aggregate</p>	<p>An activity that involves contact with multiple individuals through newsletters, publications, or other social or mass media activities providing education and outreach.</p> <p>Examples: Newspaper Ad/story – 1 unit / Estimated audience (Clients) = 1,500</p> <p>Newsletter – 1 unit / Estimated audience (Clients) = 200</p> <p>Billboard ad – 1 unit / Estimated audience (Clients) = Number of passerby’s the billboard company estimates (number must not exceed 10,000 in AIMS, i.e if billboard company states passerby’s = 50,000 please still enter only 10,000)</p> <p>Social Media Post – 1 unit / Estimated audience (Clients) = Number of followers of social media page</p>	<p>**Do not report over 10,000**</p>

Sources:

1. Older Americans Act – 2020 Reauthorization, <https://acl.gov/about-acl/authorizing-statutes/older-americans-act>
2. State Program Performance Report for State Units on Aging, Appendix A: Data Element Definitions, OMB Approval Number 0985-0008

Reminder: ADRC’s screen the individual but it is up to the III-B staff to enroll the client utilizing the III-B Enrollment Form located in AIMS.

**Older Americans Act (OAA)
FY25 Health Promotion Services Definitions**

Eligibility: Must be age 60 or older.

Target Population Under OAA for Services and Programs: Age 60+ which are medically underserved and in which there are a large number of older individuals who have the greatest economic need for such services.

Service Category	Fund Source	Unit	Definition	Notes
<p>Health Promotion: Non-Evidence Based</p> <p><i>(Previously called Recreation)</i></p>	<p>Title III-B State Local Program Income Other</p>	<p>Unit = Persons Served</p> <p>Non-Registered Service (Aggregate)</p>	<p>Health promotion and disease prevention activities that do not meet ACL/AoA’s definition for an evidence-based program as defined. These activities may include: health risk assessments, routine health screenings, physical fitness or group exercise programs, art therapy, music therapy, counseling regarding social services and follow -up health services, or other non-evidence based programming (recreation / i.e. games and crafts).</p>	<p>Title III-D funds CANNOT be used for these services.</p> <p>Beginning October 1, 2021 report recreation under the new Health Promotion: Non-Evidence Based service</p> <p>Unit should be captured per person. Examples – bingo with 10 in attendance = 10 units</p> <p>Group Exercise with 20 in attendance=20 units</p>