



**Alabama Department of Senior Services  
Title III Services  
FY25 Participant Enrollment Form**

\_\_\_\_\_  
Name of AAA (office use)

\_\_\_\_\_  
Name of Senior Center (office use)

\_\_\_\_\_  
Enrollment Date

**STEP 1:** Page 1 required for all programs. **STEP 2:** Nutrition programs only. **STEP 3-5:** Staff only. **ALL** information ***must be updated annually.***

PARTICIPANT INFORMATION: Please ask for assistance if needed in completing this form				
Last Name:		First Name:		MI:
Street Address:			Mailing Address (If different):	
City:	State:	Zip:	City:	State: Zip:
County:		Home Phone: ( )		Other Phone: ( )
Email address:				
Birthdate: ____/____/____ MM DD YYYY			Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	
<b>Race:</b> <input type="checkbox"/> Caucasian/White <input type="checkbox"/> Asian <input type="checkbox"/> African-American/Black <input type="checkbox"/> Native Hawaiian		<input type="checkbox"/> Alaska Native <input type="checkbox"/> Pacific Islander <input type="checkbox"/> American Indian <input type="checkbox"/> Other		<b>Ethnicity:</b> <input type="checkbox"/> Not Hispanic/Latino <input type="checkbox"/> Hispanic/Latino  Is English your first language?      Yes      No
Have you fallen or been hospitalized in the past 90 days? <input type="checkbox"/>		Yes	No	<input type="checkbox"/> Dementia-related diagnosis      Do you live alone?      Yes      No
Income Range: Is your gross monthly income above \$1,255? <input type="checkbox"/> Yes <input type="checkbox"/> No				
EMERGENCY CONTACT INFORMATION: Please provide name of a person to contact in an emergency.				
Name: _____		Relationship to participant:		
Home Phone: _____		<input type="checkbox"/> Spouse		<input type="checkbox"/> Other Relative
Work Phone: _____		<input type="checkbox"/> Friend		<input type="checkbox"/> Neighbor
Cell Phone: _____				
Primary Physician: _____		Physician Phone: _____		
ADLs/IADLs: Do you need help with any of the following?				
		Yes	No	Comments
A D L S	Eating			
	Transferring in and out of bed or chair			
	Walking			
	Dressing			
	Bathing			
I A D L S	Toileting			
	Doing heavy housework			
	Doing light housework			
	Preparing meals			
	Shopping for personal items			
	Managing money			
	Medication management			
Using telephone				
Access to public/private transportation?				

**Statement of Confidentiality:** The information recorded on this form is required for the statistical and reporting requirements for State and Community Programs under the Older Americans Act of 1965, as amended [Public Law 8973], and is not to be used for any other purpose in any form which could identify the individual without the individual's knowledge of the specific use and the individual's specific authorization for such use.

**STEP 2: Nutritional Health:** Please answer the following nutrition questions for congregate, home-delivered meals, and nutrition counseling:

- (2)  Y  N 1. Have you changed the amount or kinds of food you eat because of illness or health condition?
- (3)  Y  N 2. Do you eat fewer than 2 meals a day?
- (1)  Y  N 3. Do you eat fewer than 3 fruits or vegetables a day?
- (1)  Y  N 4. Do you eat fewer than 2 servings of dairy products a day? (Milk, yogurt, cheese)
- (2)  Y  N 5. Do you have 2 or more drinks of beer, liquor, or wine almost every day?
- (2)  Y  N 6. Do you have any tooth or mouth problems that make it hard to eat?
- (4)  Y  N 7. Do you sometimes not have enough money for the food you need?
- (1)  Y  N 8. Do you eat alone most of the time?
- (1)  Y  N 9. Do you take 3 or more kinds of medicines a day? (include over the counter & prescription medicines)
- (2)  Y  N 10. Without wanting to, have you lost or gained 10 pounds or more in the past 6 months?
- (2)  Y  N 11. Do you have any physical problems that make it difficult for you to shop, cook, or feed yourself?

← **Nutrition Risk Score** of 6 or greater suggests "High" Nutrition Risk.

Y  N Do you want a referral to a Registered Dietitian Nutritionist for Nutrition Counseling?

**DO NOT WRITE BELOW THIS LINE**

**STEP 3: Nutrition Staff**

*To be completed by staff:*

**1. Approved Congregate Meals:**

- Hot Meals
- Frozen Hot Meals
- Shelf Stable
- Grab and Go

**2. Approved Home-Delivered Meals:**

- Hot Meals
- Frozen Meals (senior center delivered)
- Frozen Meals (food vendor delivery D2D)
- Frozen Breakfast (senior center delivered) Frozen
- Breakfast (food vendor delivery D2D)
- Shelf Stable

**3. Liquid Nutrition Supplement (approved and provided by AAA with local funds or Title III cash allocations)**

Congregate      Yes      No      Homebound      Yes      No

**4. If this participant is eligible for Title III-C Nutrition Services, identify why:**

- Age 60 and older
- Spouse of eligible participant
- Volunteers at mealtime
- Individual with disability living with eligible participant
- Individual with disability living in public, low-income housing where a senior center is located
- 60+ caregiver

Date Approved: \_\_\_\_\_ Staff: \_\_\_\_\_

**STEP 4:** Name and address of alternate delivery if for home-delivered meal or Notes and Comments:

**STEP 5:**

**AIMS #:** \_\_\_\_\_ **Date Entered:** \_\_\_\_\_ **Staff Initials:** \_\_\_\_\_